

# Mindset Mastery

*STOP. OPPOSITE. SHIFT.*

**I focus my thoughts on:**

I am in the process of creating and allowing all that I need to be, do and have to create

I focus my thinking, manage my mindset and trust all is happening to bring me my desire . . .

**Instructions:** Read the beginning, middle and end every day to focus your thoughts on what you want, get excited and into the feeling place